

Apple Dumpling Festival 5k Run/Walk



Saturday
October 19, 2013
8:00 am
Downtown Stuart, VA

Benefiting Patrick County Trails
Presented by Dan River Basin Association

Registration Details

Downtown Stuart. Mayo River Rail Trail on Commerce street.
Parking lot associated with the Patrick County Food Bank.

Registration: \$20– Until October 3
\$25– after October 3 and race day
Includes: marked course through festival area and on Mayo River Rail Trail, pre-registered runners guaranteed t-shirt, post race food and awards.

Packet Pick-Up
Race Day 7:00 am to 7:45 am.
Registration available on Race Day morning. T-shirts while supplies last for those with late registration.

Presented By:



EMI Security (DCJS # 11-5088)



Please fill out the form below and make check payable to:
Dan River Basin Association
PO BOX 1359
Stuart VA 24171

Contact Race director: Rebecca Adcock, 276-229-9917, rebajksn@aol.com

Name: _____ Phone: _____

Address: _____ City/State/Zip _____

Age on Race Day: _____ Gender: [] Male [] Female Email address: _____

Shirt Size (Circle one) S M L XL XXL

Waiver of Liability

I know that running a road race is potentially hazardous activity. I am in proper physical condition to compete in this walk/run and assume all risks associated with my participation including, but not limited to falls, contact with other participants, and the effects of weather including high heat/humidity, traffic and the conditions of the road— all such risks are known and appreciated by me. I will not play my headphones or any other device too loudly so that it interferes with my ability to navigate the course. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all parties involved and associated with this event from any legal liability. Furthermore— I grant the agents of the event to use photographs, videotapes, motion pictures, recordings, or other record of this event for legitimate purposes.

Signature of Runner: _____ Date _____

Signature of Guardian: _____ Date: _____
(signature if participant is a minor under the age of 18)