LESS SENSITIVE – Somewhat Tolerant of Pollution– Lives in clean to fair water		
	Dobsonfly larva (Hellgrammite)3/4 - 4"Dark, 6 legs, many long feelers on lower half of body, short antennae, large pinching jaws, gill tuffsFishfly/Alderfly larva Up to 1 1/2 " Looks like hellgrammite, often reddish tan, no gill tuffs	
	Net spinner Up to 1 " 6 hooked legs on upper part of body, 2 hooks at back end Has fluffy gill tufts on lower half of body	
	Crane fly larva 1/3 – 2" Green or brown, plump caterpillar-like segmented body, 4 spikes at back end.	
	Damselfly larva ¹ / ₂ - 1" Large eyes, 6 thin legs, 3 broad oar-shaped tails, 1 points up	
	Dragonfly larva 1⁄2 - 2" Large eyes, 6 hooked legs, wide oval or round abdomen	
	Crayfish 1/ ₂ - 6" 2 large claws, 8 legs, resembles small lobster	
	Scud ¹ / ₄ " Fat body swims sideways, fat body, more than 6 legs	
	Sowbug ¹ / ₄ - ³ / ₄ "Gray oblong body, more than 6 legs, antennae	
C	Clam	

TOLERANT OF POLLUTION – Can live ir	poor water (or good and fair)

ß	Aquatic worm 1/4 " – 1" Thin worm-like body
	Black fly larva Up to ¼ " Rounded abdomen, black head with pair of "ferns," suction pad on end
	Midge fly larvaUp to ¼ " red, brown, grayDark head, worm-like segmented body, 2 tiny legs on each side
	Leech 1⁄4 - 2 " Brown, slimy body, ends with suction pads.
	Lunged snail Opening is on the left



DETERMINING THE HEALTH OF FRESHWATER HABITATS

Form developed by Boxerwood Nature Center and Woodland Garden, Lexington, VA

Sensitive to Pollutants	Less Sensitive	Tolerant to Pollutants
Mayfly larva	Dobsonfly larva (hellgrammite)	Aquatic worm
Stonefly larva	Fishfly larva / alderfly larvae	Black fly larva
Caddisfly larva (except net spinners)	Net spinner (caddisfly)	Midge fly larva
Water snipe Fly larva	Crane fly larva	Leech
Riffle beetle	Damselfly larva	Lunged snail
Water penny	Dragonfly larva	
Gilled snail	Crayfish	
	Scud	
	Sowbug	
	Clam	
x 3 points =	x 2 points =	x 1 point =
	— — — — — — — — — —	1

Total points = ____

Circle one: E

Excellent (>22) Good (17-22) Fair (11-16)

16) **Poor** (< 11)

SENSITIVE TO POLLUTANTS	 Requires clean water – Cannot survive polluted habitats
A A A A A A A A A A A A A A A A A A A	Mayfly larva ¼ - 1 " Brown, moving, plate-like gills on sides of body, 6 large hooked legs, antennae, 3 long, hair-like tails
	Stonefly larva 1/2 - 11/2 " 6 legs with hooked tips, no gills on sides of body, long antennae, 2 hair-like tails
	Caddisfly larva (except net spinner) Up to 1 " 6 hooked legs on upper part of body, 2 hooks at back end Maybe in a stick, rock, or leaf case with head sticking out
	Water snipe fly larva $\frac{1}{4} - \frac{3}{4}$ " Green, tapered body, many caterpillar-like legs, conical head, feathery "horn" at back end.
	Riffle beetle and larva ¹ / ₄ " Larva has oval body with hard shell
	Water penny ¹ / ₄ " Flat saucer-shaped body with a raised bump on one side and 6 tiny legs on the other side.
	Gilled snail Opening is on right