



Family Friendly Walk: A Healthy World, A Healthy You

Sunday, October 16

1:30 – 3 PM

Hyco Lake Natural Learning Area

205 Pointer Dr.

Semora, NC 27343

Meet at the parking area directly to the left of the main marina entrance.

Walk is up to 1.25 miles on pavement with plenty of shade and views of the lake. Restrooms are available and there are benches along the way.

Find ways your health and the planet's health can benefit while hiking outdoors!

Share ideas about repurposing!
Make a sensory bottle out of recycled goods!
Clean a little bit of the park as we walk!

Wear closed toe shoes and bring sunscreen, bug spray, and water.

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